

BOPF Open Forum at Triodos Foundation

Thursday 12 February 2025, 10:30 - 12:30

Triodos Bank, Deanery Rd, Bristol, BS1 5AS, Meeting Space

MINUTES

Attendance	<p>Trustees: Christina Stokes, Chair (CS), Shelley Lanchbury, Deputy Chair (SL), David Elson (DE), David Jepson (DJ), Eileen Means (EM), Gloria Morris (GM), Lyn Porter (LP), Nigel Varley (NV)</p> <p>Staff: Minutes: Yolanda Pot, Finance and Administration Manager; Ian Quaife, Director; Suzi Mackenzie, BOPF Project Coordinator</p> <p>Attendance: 43 (Members: 34, Non-members: 9)</p>
Apologies	<p>Helena Thompson, Treasurer (HT), Pat Foster (PF), Joanne Goldsworthy (JG), Trish Mensah (TSM), Tara Mistry (TM)</p>
1.	<p>Chair's Welcome, housekeeping and introductions. Christina welcomed everyone.</p>
2.	<p>BOPF Minutes of the previous meeting The minutes of the meeting held on 11 December 2025 were approved as a true and correct record. Proposer: Eileen Means, Seconder: Lyn Porter. There were no matters arising.</p>
3.	<p>Mayor of West of England Combined Authority (WECA) Helen Godwin - Buses and Bus Services, Rail, Employment and Older Workers, Housing and Infrastructure, Transport Infrastructure. You can find Answers to questions from the Open Forum on 11 Dec 2025 on our website: https://bopf.org.uk/event/bopf-open-forum-12-february-2026/</p> <p>Helena spoke about what her responsibilities are.</p> <p>Q&A Q1: We should retrain older people in the labour force. A1: We are in the process of developing a skills strategy, including reskilling and retraining for all age groups and the economically inactive. Q2: Could we have a simple bus timetable printed for people without computers? Previously we had one called a tabletop mat. A2: Bus routes and numbers keep changing. We are working on a bus plan. There is going to be a consultation in March which will include bus timetables. Q3: How much is the local government doing for social care. A3: This sits over different teirs of government. Q4: There is poor bus transport for older people to St Michaels hospital. A4: We are looking at prioritising routes that go past hospitals and schools. There is a challenge with the BRI and St Michaels. If you have any questions for Helen, write them down and give them to Suzi.</p>

<p>4.</p>	<p>BOPF Project Work Update, Ian Quaife, BOPF Director</p> <p>We will be launching our Food film in a couple of months. We are currently recruiting a Project Worker and an Admin Worker for our new two year BOPF Nature Together Project. I am now on the One City Plan Transport Board. International Women’s Day is on 7 March 2026, 10am - 5 pm in City Hall. We will be doing a workshop with Norma and Pat, gathering thoughts for our Nature Together project. We are now sending out e-bulletins about once a month instead of individual email for each event. This will be as well as our print newsletter, which should be out in Spring. Our Death Cafes have moved from the Quaker venue to The Courts. See address below</p> <p>You will find our BOPF meeting dates below and on our website: www.bopf.org.uk/information-hub/bopf-meeting-dates-2026 If you are a BOPF Member you will receive information about these events, including how to book, in our new BOPF e-bulletins. If you are not a member and would like to sign up, you can complete our BOPF membership form online: www.bopf.org.uk/about/become-a-member/apply-online</p> <table border="1" data-bbox="288 891 1428 1756"> <tr> <td data-bbox="288 891 667 1391"> <p><u>Open Forums 2026</u> Thursdays 10:30 - 12:30 Triodos Foundation venue, Lower Ground Flr St George’s Road, Bristol BS1 5BE</p> <p>12 Feb, 16 Apr 25 Jun, 20 Aug</p> <p>BOPF AGM: 22 October 3 Dec</p> </td> <td data-bbox="667 891 1045 1391"> <p><u>Challenging Ageism Workshops 2026</u> Wednesdays 10:30 - 12:30 Online (Zoom)</p> <p>21 Jan, 18 Mar, 13 May 8 July, 16 Sept, 11 Nov</p> </td> <td data-bbox="1045 891 1428 1391"> <p><u>My Music, My Memories and Me! 2026</u> Fridays 13:30 - 16:30</p> <p>Bristol Beacon, Trenchard Street, Bristol, BS1 5AR 27 Feb, 17 Apr 19 Jun, 4 Sept, 30 Oct, 4 Dec</p> </td> </tr> <tr> <td data-bbox="288 1391 667 1756"> <p><u>Housing Action Group 2026</u> Mondays 15:00 - 16:30 Online (Zoom)</p> <p>9 Feb, 13 Apr, 22 Jun 7 Sept, 16 Nov</p> </td> <td data-bbox="667 1391 1045 1756"> <p><u>Death Café 2026</u> Tuesdays 10:00 - 12:00</p> <p>The Courts, Bridewell St Bristol, BS1 2QD</p> <p>24 Mar, 5 May, 14 July 22 Sept, 10 Nov</p> </td> <td data-bbox="1045 1391 1428 1756"></td> </tr> </table>	<p><u>Open Forums 2026</u> Thursdays 10:30 - 12:30 Triodos Foundation venue, Lower Ground Flr St George’s Road, Bristol BS1 5BE</p> <p>12 Feb, 16 Apr 25 Jun, 20 Aug</p> <p>BOPF AGM: 22 October 3 Dec</p>	<p><u>Challenging Ageism Workshops 2026</u> Wednesdays 10:30 - 12:30 Online (Zoom)</p> <p>21 Jan, 18 Mar, 13 May 8 July, 16 Sept, 11 Nov</p>	<p><u>My Music, My Memories and Me! 2026</u> Fridays 13:30 - 16:30</p> <p>Bristol Beacon, Trenchard Street, Bristol, BS1 5AR 27 Feb, 17 Apr 19 Jun, 4 Sept, 30 Oct, 4 Dec</p>	<p><u>Housing Action Group 2026</u> Mondays 15:00 - 16:30 Online (Zoom)</p> <p>9 Feb, 13 Apr, 22 Jun 7 Sept, 16 Nov</p>	<p><u>Death Café 2026</u> Tuesdays 10:00 - 12:00</p> <p>The Courts, Bridewell St Bristol, BS1 2QD</p> <p>24 Mar, 5 May, 14 July 22 Sept, 10 Nov</p>	
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<p>5.</p>	<p>BREAK Coffee</p>						

<p>6.</p>	<p>Robins Foundation, Bristol City Football Club Projects for adults and over 55s: walking football and a dementia-friendly Bristol City café</p> <p>MISSION AND VISION The official charity of Bristol City Football Club Mission: Bring the club and community together Vision: Grow together. Improve lives. Inspire our community</p> <p>PROGRAMMES From 4 to 94 (oldest participant was 98?) We run projects in underserved communities and areas of deprivation, using football as the tool to improve lives and inspire positive change.</p> <p>ADULT WORK</p> <ul style="list-style-type: none"> • Walking Football: for men and women 55yrs+ • Robins Memories: Dementia and isolation session • F3 Women’s football and fitness • 1 to 1 Health Coaching • Robins Talk: Men’s support group through football • Slim2Win: Men’s weight-loss through football • Robins Active Minds: Open activity session supporting good mental health <p>Tuesdays and Thursdays, 10:30-11:30am, Imperial Sports Ground, £5 Link to Stan’s video on YouTube</p> <p>ROBINS MEMORIES - DEMENTIA AND ISOLATION SESSION Running for over a year, bringing together Bristol City fans and former players to connect, reminisce and look back to fond memories. 2nd Monday of every month, at Ashton Gate Supporters’ Bar (free)</p> <p>REACT: STRENGTH AND BALANCE Coming soon: starting in April, Imperial Sports Ground Improve mobility and strength & balance. Desire to create an Older Adults community hub on Tuesdays/Thursdays Bringing together walking footballers, strength and balance class and building in other activities plus social time.</p> <p>For further information Robins Foundation website: https://www.bcfco.uk/robins-foundation/ 0117 9630636, lee.gillett@bcfc.co.uk</p>
<p>7.</p>	<p>BOPF OPEN FORUM NV: I am a member of the National Education Union. We are interested in people’s memory of what education used to be like and what has been lost or changed in education. We are putting together something that people can campaign for about the good old days.</p>
	<p>Close Open Forum meeting - 12:30 hrs</p>
<p>Next Open Forum: Thursday 16 April 2026, 10:30 - 12:30 Venue address: Triodos Foundation venue, Lower Ground Floor, St George’s Road, Bristol, BS1 5BE Signed by Chair: Christina Stokes, Date:</p>	